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LAN WELL-BEING

# Table Talk

FEAT. ALEXES M. TERRY



THURSDAY, OCTOBER 24, 2024

Event Time: 6:00PM - 8:00PM

TASTE PROJECT FORT WORTH

1200 S Main St, Fort Worth, TX 76104

## ABOUT THE EVENT

**Join the Leadership Academy Network and The Educator Collective for an inspiring and energizing Well-Being Table Talk at Taste Project Fort Worth!**

Featuring Speaker and Author Alexes M. Terry, an expert in wellness and personal growth, who will share insights on how to prioritize your well-being while leading in education.

This is your chance to connect with fellow LAN educators, nourish your mind and body, and leave with actionable strategies to enhance your well-being both inside and outside the classroom. Enjoy delicious food, great conversation, and a supportive community - all while investing in YOU!